





**SARATOGA COUNTY DEPARTMENT OF AGING & YOUTH SERVICES-September 2023**  
**GATHER & DINE/HOME DELIVERED MEALS 518-363-4020**

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> Chicken w/ Honey Mustard Sauce Oven Roasted Sweet Potatoes Broccoli & Cauliflower WW Dinner Roll Peaches
<b>4</b> <b>Closed</b>  	<b>5</b>  Pesto Chicken Buttered Egg Noodles Stewed Tomatoes WW Dinner Roll Mandarin Oranges	<b>6</b>  Meatloaf w/Gravy Mashed Potatoes California Blend Vegetables SF Chocolate Chip Cookies	<b>7</b> <b>Closed</b> <b>Senior Picnic</b>  	<b>8</b>  Teriyaki Glazed Meatballs Red Bliss Potatoes Asian Blend Vegetables Fruit Cocktail
<b>11</b> Pasta Fagioli w/Sausage Spinach Warm Cranberry Crunch WW Dinner Roll Yogurt	<b>12</b> Chicken w/Fiesta Sauce Mashed Potatoes Vegetable Trio Corn Muffin Peaches	<b>13</b> Breaded Fish w/Dill Sauce Buttered Noodles Peas & Carrots Mandarin Oranges	<b>14</b> Apple Glazed Pork Oven Roasted Sweet Potatoes Red Cabbage WW Dinner Roll SF Oatmeal Cookies	<b>15</b> Shaved Beef Sandwich w/Peppers & Onions on Roll Home Fries Mixed Vegetables Banana
<b>18</b> Herb Chicken w/Gravy Stuffing Broccoli WW Dinner Roll Peaches	<b>19</b> Roast Pork w/Tarragon Sauce Mashed Potatoes Asparagus Applesauce	<b>20</b> Beef Stroganoff Buttered Egg Noodles Carrots Pumpkin Muffin Mandarin Oranges	<b>21</b> Chicken Parmesan Pasta w/Sauce Wax Beans SF Chocolate Pudding	<b>22</b> Chili Spinach Mixed Peppers & Onions Corn Muffin Fruit Cocktail
<b>25</b> Pulled BBQ Beef on Bun California Blend Vegetables Warm Apple Crisp	<b>26</b> Chicken Tikka Masala Oven Roasted Potatoes Peas & Onions Pears Fig Cookies	<b>27 Birthday Special</b> Roast Turkey w/Gravy Mashed Potatoes Butternut Squash WW Dinner Roll Frosted Cake 	<b>28</b> Stuffed Pepper Casserole Beets Mixed Vegetables Corn Bread Applesauce	<b>29</b> Chicken Stew Egg Noodles Lima Beans WW Dinner Roll Fresh Orange

**Menu Subject To Change**

Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$8 fee for guests under the age of 60. Please make checks payable to: **Saratoga County Treasurer, c/o Saratoga County Department Of Aging & Youth Services, 152 West High Street, Ballston Spa, NY 12020**